

*Again We Keep This Solemn Fast*



1. A - gain we keep this sol - emn fast, As
2. The law and seers that were of old In
3. More spar - ing there - fore let us make The
4. In prayer to - geth - er let us fall, And
5. Thy grace have we of - fend - ed sore, By
6. Re - mem - ber thou, though frail we be, That
7. For - give the sin that we have wrought; In -
8. We pray thee, Ho - ly Trin - i - ty, One



1. taught by ways of a - ges past; The
2. di - verse ways this Lent fore - told, Which
3. words we speak, the food we take, Our
4. cry for mer - cy, one and all, And
5. sins, O God, which we de - plore; But
6. yet thy hand - i - work are we; Nor
7. cease the good that we have sought; That
8. God, un - chang - ing U - ni - ty, That



1. fast to all men known, and bound In
2. Christ, all sea - sons' King and Guide, In
3. sleep and mirth, and clos - er barred Be
4. weep be - fore the Judge - 's feet, And
5. pour up - on us from on high, O
6. let the hon - or of thy name Be
7. we at length, our wan - d'rings o'er, May
8. we from this our ab - sti - nence May



1. for - ty days of year - ly round.
2. af - ter ag - es sanc - ti - fied.
3. eve - ry sense in ho - ly guard.
4. his a - veng - ing wrath en - treat.
5. pard - 'ning One, thy clem - en - cy.
6. by an - oth - er put to shame.
7. please thee here and ev - er - more.
8. reap the fruits of pen - i - tence.